

5700 W Berteau Ave
Chicago, Illinois 60634

Phone: 773-534-2890
Fax: 773-534-2895



Dear Parent or Guardian:

This school year your child will receive Sexual Health Education as part of the CPS Sexual Health Education Policy.

Please feel free to check out <https://www.cps.edu/services-and-supports/health-and-wellness/healthy-cps/health-instruction/sexual-health-education/> which has the detailed scope and sequence for the CPS Sexual Health Education Curriculum. This document includes the lesson titles and information about each lesson for every grade level.

Our sexual health certified teachers will be teaching the following topics to your child this year:

9th grade

Healthy Relationships
Consent
Baby Budget
Body and Nutrition
STI
Navigating Your Health
Your Health and You
Accessing Resources
Advocating for Help
Under Pressure
Let's Talk: Alcohol
Let's Talk: Sexual Health

10th grade

Using Technology Respectfully and Responsibly
The Realities of Sexual Assault
Healthy Relationships and Consent
Taking Care of Your Body
Our Community Sexual Health Resources
Trust It or Trash It
What Does It Mean to Have a Healthy Relationship?

12th grade

11th grade
Human Reproduction
Pregnancy and Prenatal Practices
Teens and Parenting
Contraceptives
Sexually Transmitted Infections and HIV
Communication and Consent

Healthy relationships
Technology and Relationships
Bullying and Sexual Harassment
Sexual Violence
Sex and Alcohol

5700 W Berteau Ave
Chicago, Illinois 60634

Phone: 773-534-2890
Fax: 773-534-2895

The Board acknowledges that parents/guardians are the primary sexuality educators for their child/children. Rickover Naval Academy is committed to partnering with you to provide supplementary instruction to students via the sexual health education lessons.

In alignment with Illinois law (*"No pupil shall be required to take or participate in any class or course on AIDS or family life instruction if his parent or guardian submits written objection thereto, and refusal to take or participate in the course or program shall not be reason for suspension or expulsion of the pupil."* 105 ILCS 110/3), a parent/guardian must provide a timely written objection to opt their child/children out of participating in any CPS Sexual Health Education course. No student with a written parental objection will be suspended or expelled for refusal to participate in any such course. If you wish to have your child excused from participation, please inform administration in writing via email.

Sincerely,

Jennifer Narbert

Assistant Principal
Health and Wellness Coordinator
Rickover Naval Academy